

Primary Care Providers (PCP): Exciting Opportunity Coming to Your Practice!

Be a part of an innovative clinical trial to help youth struggling with anxiety, fear, and worry.

IRB Review
IRB NUMBER: 23-111SO-2
IRB APPROVAL DATE: 12/16/2024



Scan this QR code
to send an email of
interest to the
MAPP team!

Managing Anxiety in Pediatric Primary Care (MAPP)

• *What is this research study all about?*

This randomized controlled trial is funded by the National Institute of Mental Health to compare a brief intervention for reducing anxiety symptoms and improving functioning in 6–17-year-olds to a control condition, Enhanced Usual Care (a video, websites, and other resources on anxiety reduction). MAPP is brief, PCP delivered intervention delivered over approximately 4 sessions of 20-30 minutes each.

• *Why should you volunteer for this research study?*

- Learn strategies to help youth with anxiety
- Receive free training, coaching, and intervention materials
- Receive financial compensation for completing research study requirements (approximately \$200 in Amazon gift cards)
- Earn 3 CME credits

• *What will you be asked to do?*

- Attend a three-hour virtual training and receive ongoing coaching
- Identify child patients with excessive anxiety from your practice
- Deliver the brief intervention to eligible youth
- Complete research study questionnaires

If you would like to hear more,
please contact the MAPP
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