



The Roadrunner

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NMAFP

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President's Column By William "Mac" Bowen, MD



Dear Members, I hope this mailing finds you enjoying the beautiful New Mexico Spring. In Santa Fe, I'm loving the verdant rejuvenation and activity that the season brings, inspiring us to continue sowing seeds, growing and adapting. Within our organization, it means preparing for succession for new leadership and with that the end of my tenure. Please consider becoming a member of the NMAFP Board and joining one of our committees to expand your impact!

At the GME level this time of year makes us excited for the upcoming graduates preparing to enter into the world of attending physicians. My heartiest congratulations to all of you third-year residents out there who have put in a tremendous amount of work to learn our incredible specialty and faculty who make the learning possible! You are applauded for answering the call to join this most crucial workforce at a pivotal time, and we look forward to the impact you will have on the communities lucky enough to employ you. We are also excited to welcome new interns into the fold at the growing number of residencies

across the state. Extra special congratulations to the Medicos de El Centro Program, a new residency program to be based in Espanola to begin in 2024!

The NMAFP is gearing up to convene with you all for our annual Summer Conference in beautiful Ruidoso. Thank you to all the members who have registered already, but there is still time to do so for high-quality CME for all those still on the fence. Join us for a wonderful opportunity to bond, network, learn, engage, and help us grow. We are confident that this is a high-yield collection of didactic content that will help you improve the quality of care that you deliver to your patients. In addition, Ruidoso offers lots of opportunities to get outdoors and explore nature, enjoy excellent food, art and live music. We look forward to seeing you there!

Reflecting on the multiple advocacy victories in a busy legislative season, we are so proud to represent you. It has been a tremendous honor to be President of this esteemed organization, and I look forward to serving you in other capacities in the future. As always, please let us know how we can better support your work. Keep tending those gardens and help us grow our specialty and impact our communities!

AAFP Annual Chapter Leader Forum, May 9-10, 2023, KC

Dr. Lisa Stolarczyk, President-Elect: The Annual Chapter Leader Forum (ACLF), held in Kansas City, Missouri at the Sheraton Kansas City at Crown Center, was well attended this year. The conference focused on communications, board governance, leadership development, membership, and diversity, equity, and inclusion in Family Medicine. This year's lunch, awards, and plenary featured Corey Feist JD, MBA. He is the co-founder of the Dr. Lorna Bree Heroes Foundation that aims to reduce healthcare provider burnout and safeguard their well-being and job satisfaction. His emotional talk was inspiring. The highlight of this trip for me was traveling with Sara Bittner, Lourdes Vizcarra, Molly McClain, and Alicia Gonzalez as we shared a wonderful leadership conference experience together.

Dr. Lourdes I. Vizcarra, Secretary-Treasurer: This was my first time attending the AAFP Annual Chapter Leader Forum (ACLF). It provided an opportunity to gain insight on the work being done at the AAFP level, to network/collaborate with other state chapters, to ask questions of our AAFP leaders and to develop/improve leadership skills to better serve as an officer, all of which will allow the NMAFP chapter to better serve its members.

I would like to thank the NMAFP for making attendance at this event a priority. It is the perfect opportunity for the incoming and new officers to get an orientation as well as an overview of AAFP leadership and function. And just as important, it is a great team building event. A great start to establishing working relationships with each other as we start our service to the members of NMAFP.

Dr. Molly McClain, Vice President: It was an honor to participate in the 2023 AAFP ACLF and SLC. It was a great opportunity to learn more about the overall structure and impact of the AAFP as a whole and of each chapter. The people who were there were passionate about and engaged with supporting health care, health care professionals, and Family Medicine particularly. Learning more about how our work fits into the bigger picture of AAFP and healthcare in this country helped me have more perspective about the function of our chapter. It was inspiring to learn more about the leaders of the AAFP, including the President Tochi Iroku-Malize MD, MPH, MBA, FAAFP. She assumed the role of president in September of 2022 and has already done amazing work in her short tenure. Spending time with folks from the New Mexico Chapter was also inspiring and very fun! Thanks for including me!!



L-R: Dr. Lisa Stolarczyk, Dr. Molly McClain, Dr. Alicia Gonzales, Dr. Lourdes Vizcarra & Sara Bittner

Santa Fe Residency Program

By Alicia Gonzales, MD

Santa Fe residents have so much to celebrate! We celebrate another notch on Dr. Duncan's penmanship belt as he and his fellow rising PGY3s, Dr. Yangchen Tenzin and Dr. Hamza Altaie, were honored by giving a speech at the QIPs NM conference this May and subsequently won 1st place on their Abstract submission at the same conference. I can't wait to see what he comes up with next.



L-R: Drs. Hamza Altaie, Tenzin Yangchen, and Ashten Duncan

Dr. Silvia Santiago was elected as Delegate for the UNM Committee of Interns and Residents. Dr. Nora Kratz was elected as alternate Delegate. They were both just at the National Conference in Los Angeles to support our chapter! So proud of the strong voices that our 1+2's carry in the community.



L-R: Drs. Nora Kratz and Silvia Santiago

Dr. Dathan Tsosie signed on with IHS here in New Mexico - they are SO lucky to have him. I signed on with La Familia Medical Center here in Santa Fe. Dr. Guimaraes still looks forward to onboarding as Residency Faculty for our program through the CSV clinic. Are we not the most poster-child graduating class er what?

Alas, the time has come - this will be my last contribution as resident representative for the UNM-SF residency program. It is hard to believe how instrumental this role has been in the culmination of my residency training. The opportunity to become involved with the NMAFP has set me on a trajectory that most certainly has sculpted my entire career as a family medicine doctor. While the transition between residency and practice can be challenging for many reasons, I rest calm and assured knowing that NMAFP will lend structure to this transition as my bridge of continuity. It has been an absolute pleasure serving the Academy in this role.

UNM Family Medicine Residency Program

By Hannah Udell, DO

With summer coming, we are looking ahead to graduation. It has been very exciting to learn about where the program's upcoming graduates will be headed. Most will be staying local, both in Albuquerque and across the state.

There are leadership updates within the program. Dr. Jaron Kee will be stepping into the role of Associate Program Director. Dr. Kee is a graduate of our residency program and works on both of our inpatient services. We also have four new lead residents who are transitioning into their roles this month. Two of whom will be serving as leads for the inpatient service, and the other two will be serving as leads for the maternal child health service. Between the four lead residents, we will have representation both at the AAFP and AAIP conferences in July and September, respectively.

At the end of June will be the annual Scholars Day, where individuals within the Department of Family and Community Medicine give presentations on their research and scholarly projects. This day will also serve as the White Coat Ceremony for the incoming Interns.

Lastly, I'd like to introduce Dr. Julia McIntyre who will serve in this role for the upcoming academic year. She looks forward to working closely with the FMIG and interfacing with the NMAFP at meetings and conferences. Welcome Julia!

Las Cruces Family Medicine Residency Program

By Kaela Moldawan, MD

As we get ready to finish one more academic year, we congratulate our third-year residents on all successfully passing their boards. We know you will all be an amazing addition to the Family Medicine practice. One of our residents will be moving on to our hospital's Emergency Medicine Fellowship while two others will be joining our hospitalist providers so they will not be going far and will be enriching our community with their practice.

Congratulations to our two Maternal Child and Reproductive Health fellows who are the first graduating class from this program.

The two incoming chief residents are acclimating to their new positions and have just come back from a leadership conference where they met with other Family Medicine chiefs from around the country and developed their leadership skills to better prepare them for their new role and responsibilities.

While we say goodbye to our graduating seniors with saddened hearts, we look forward to welcoming an incoming class of interns this coming July.

NMAFP Slate of Officers 2023-2024

NMAFP Members will vote for their 2023-2024 Officers during the 65th Annual Family Medicine Seminar, August 3-5, 2023, at the Ruidoso Convention Center.

President Mac Bowen, MD will automatically move to the position of Immediate Past President

President-Elect Lisa Stolarczyk, MD will become **President** Lisa Stolarczyk, MD by automatic ascension

Nominations are:

President-Elect:
Lourdes Vizcarra, MD

Secretary-Treasurer:
Molly McClain, MD

Vice President:
Alicia Gonzales, MD
Clea Lopez, MD

On Friday, August 4, there will be a call for nominations from the floor, and voting will take place during the 10:00 am break. The results will be announced during the Awards Dinner that evening, and Dr. Jen Brull, Honored Guest & AAFP Board Member, will induct the new NMAFP Officers.

If you would like to register for the Conference, please go to the NMAFP website: www.familydoctornm.org

Burrell FMIG Report

By Gavin Lyman, FMIG President

We are so excited to announce the new FMIG board here at Burrell! We have a great new student lineup with some ambitious goals for this upcoming year. We are welcoming Davin Lyman as President, Rozan Sotoodeh as Vice President, Marc Jame Uy as Secretary, Annalyse Sabia as Treasurer, and Tracy Samaniego as Community Outreach Coordinator. We are all coming into these leadership positions enthusiastic about Family Medicine and passionate about getting involved in our community's family care. As we finish up our first year of medical school, we are working with our wonderful advisor, Dr. Valliant, to put into place the plans for this next year and increase involvement and interest in Family Medicine within the Burrell student body.

Burrell recently held their graduation for the class of 2022 on May 5, 2023 and proudly celebrated a 100% match rate for its future 133 residents, with Family Medicine being the second largest residency match.

We are looking forward to welcoming in the new class of 2027 to Burrell and spreading awareness of our club and recruiting members early in the year. We hope to create an environment of support and encouragement for our members, as well as provide plenty of opportunities for them to learn about a potential future career as a Family Medicine doctor.

We plan to utilize this summer to make connections with local Family Physicians and prepare opportunities to host guest speakers and panels with professionals for Burrell students to attend and learn from. Additionally, we will be elevating our status at Burrell from an "Interest Group" to a recognized "Club". This will provide greater opportunities for funding and recognition from surrounding organizations. Once school begins, we will be holding an exciting opening ice cream social to kick off the year and present our goals and plans.



L-R: Marc Jame Uy (secretary), Tracy Samaniego (community outreach coordinator), Annalyse Sabia (treasurer), Rozan Sotoodeh (vice president), and Davin Lyman (president)

UNM FMIG Update

By the UNM SOM FMIG Team (Max, Meggan, Luke, Irene, and Lizbeth)

As we continue to roll through the spring season here at the UNM School of Medicine, many exciting things have come, gone, and are currently underway. The class of 2026 has found its groove as medical students; and, in a few short weeks, they will be embarking on their first clinical medicine rotation in the Practical Immersion Experience (PIE). Many students have already received assignments in Family Medicine across rural NM. With the collaboration of the pediatric, internal medicine, surgery, women's health and reproductive justice student interest groups, FMIG is leading the charge on hosting the return of an annual "Prep 4 PIE" clinical skills workshop event open to the class of 2026 later this month in order to help students get additional training in high yield clinical skills for maximum engagement throughout our PIE rotations.

Elsewhere in the SOM, the Class of 2025, including our former FMIG officers, have successfully tackled Step 1 and are beginning their own preparations for transition into the Phase II portion of medical school and end of the dreaded "classroom training". The Class of 2024 is studying hard for Step 2 and starting to begin their coveted 4th year rotations. Last, but not least, the Class of 2023 is enjoying much needed rest and well-deserved celebration after matching residency and graduation earlier in the month of May! Our FMIG advisor, Dr. Elena Bissell, and the FMIG team successfully hosted a Match Mixer celebration for all our 4th year students who matched into family medicine. Each new Doctor of Medicine beginning family medicine residency training is listed by name at the end of the article*, so join us in celebrating them and please reach out with a "congratulations!" if you have crossed paths with any of these students throughout their careers!

Outside of the SOM, the FMIG team is staying busy working towards our goals for the year and are currently in the process of creating a new student volunteer position at the student-run AOC clinic for health coaching. We hope this encourages medical students to continue utilizing these important skills in a clinical setting and ultimately, in their future practice.

We hope you've all had an excellent spring and are gearing up for an even better summer.

**Class of 2023 Graduates: Christian Barr, MD; Madeline Brown, MD; Kimberly Chapman-Natewa, MD; Chrys Djatche, MD; Evan Fuchs, MD; Matthew Lucero, MD; George Norwood, MD; Korazon Romero, MD; Luis Trillo, MD; Lucia Vulcan, MD; Donovan Chase The Bear, MD (psychiatry-FM).*



Present: Chair: Bridget Lynch, MD

In person: Sara Bittner; Erin Bouquin, MD; Valerie Carrejo, MD; Clea Lopez, MD; Bridget Lynch, MD; Steve Lucero; Rick Madden, MD; Molly McClain, MD; Samantha Morris; Lisa Stolarczyk, MD; Hannah Udell, MD; Lourdes Vizcarra, MD.

Virtual: Kaela Moldawan, MD.

Old Business:

Feb. 25th Winter Refresher in Albuquerque: Dr. Lisa Stolarczyk, Scientific Program Chair Conference was well attended, the numbers were back to where they were before COVID. Final evaluations showed high scores for the speakers and many positive comments about the conference in general. The financial statement was also very positive.

New Business:

65th Annual Family Medicine Seminar, August 3-5, 2023: Dr. Bridget Lynch on behalf of Dr. Mac Bowen, Scientific Program Chair

The brochures were mailed. Online registration is live. The number of registrants and vendors are increasing by the day. Conference will end late Saturday afternoon. A Breakfast Board Meeting followed by a Scientific Advisory Committee Meeting will be held on Sunday morning. NMAFP has not had a conference in Ruidoso since 2019 due to COVID.

Physician of the Year (2023):

Dr. Bridget Lynch

Dr. Jennifer Phillips was nominated by Dr. Dion Gallant. Nomination letter was read to the Board. Unanimous vote to present Dr. Phillips with this prestigious award during the Awards Dinner and Dance, August 4th, Ruidoso Convention Center.

42nd Annual Winter Refresher in Abq., Feb. 24, 2024:

Dr. Lourdes Vizcarra, Scientific Program Chair

Draft Agenda was shared with the Board. Discussion ensued about potential topics/speakers. Plan to have final agenda completed in time to share with the attendees in Ruidoso in August.

Nominations for Vice President: Dr. Bridget Lynch

Shared with the BOD that Dr. Clea Lopez would like to run for Vice President this summer in Ruidoso. Dr. Lopez is one of our newest members and serves on the Governmental Affairs Committee. Dr. Lopez was very involved in this year's Legislative process, served as the Doc of the Day on several occasions and gave testimony multiple times. A motion was made to accept the nomination of Clea Lopez, MD for Vice President of the NMAFP, a vote was taken, and it passed unanimously.

Gov. Affairs Com. Meeting Report:

Dr. Rick Madden & Steve Lucero

Present: Val Carrejo, Erin Bouquin, Bridget Lynch, Clea Lopez, Steve Lucero, Rick Madden.

Reproductive health care, gender affirming care, HB 7 and SB 13: we discussed one NMAFP member resigned from AAFP over the abortion issue. Our survey was 89% in favor and helps us understand that our advocacy at the legislature was in line with our members. The loss of one member over this issue, while regrettable, does not rise to the level of avoiding advocacy on these two bills. We acknowledge there may be other members who remain silent. We may use this in our planning for next steps for our committee.

Opioid Antagonist Warning

Requirements SB18: cleaned up older legislation to exempt health care providers.

Rural Health Care Delivery Fund SB7

Create Healthcare Authority Department SB16: large undertaking that will alter and disrupt the bureaucracy, no news yet on how this will be organized. (UPDATE: At the Medicaid Advisory Committee meeting on 5/8, it was reported that HSD will be formulating plans for their involvement.)

Health Care Cost Drivers Analysis SB290 and State-Administered Health Coverage HB400: both will be helpful in informing any reform, one for access to care, the other for overall cost data.

Medical Malpractice SB253: passed with great effort over the objection of the chair of Senate Judiciary (Cervantes).

Medicaid payment to primary care, maternity & childcare, and behavioral health clinicians will be increased to 120% of Medicare, 100% for other specialties as contained in the budget bill HB2 that passed. The budget directs the payment increases to be passed fully to clinicians (I confirmed this at the Medicaid Advisory Committee meeting on 5/8/2023.)

Behavioral health payment equity with other healthcare services in SB 273 passed, which will bring state law in line with federal law.

State and county correctional facilities will be required to provide Medication Assisted Treatment (such as Suboxone) by SB425.

Plan for committee to evolve to higher functional level. Would like to get to next level to prepare for legislative sessions through getting to know legislators and watch/develop evolving legislation. Plan to offer this opportunity to the entire NMAFP membership. Plan for a half day retreat at Steve Lucero's home this summer, well in advance of November, 2024. An email query will be sent.

Will continue to try to clarify options for medical malpractice insurance coverage for Doctor of the Day volunteers who may not be covered by an employer.

UPDATE 5/7/2023: Laura Parajon, MD, Deputy Director of the NM DOH, informs us that the DOH Medical Reserve Corps provides liability protection for those who volunteer service such as ours. Here is the link: <https://www.nmhealth.org/about/erd/bhem/mrc/>

Resident Reports:

UNM FM Residency Report: Dr. Hannah Udell

UNM has 4 new leads, which includes Dr. Udell. Program matched 22: 14 at UNM, 6 at Santa Fe's 1+2 Program, and 2 at Shiprock's 1+2 Program. Out of the 22 that matched, 4 are UNM Graduates and 2 are Burrell Graduates. Dr. Udell will find NMAFP a UNM Resident Representative before our next meeting on August 6th.

Las Cruces FM Residency Report: Dr. Kaela Moldawan

Two Las Cruces (LC) Residents, which included Dr. Moldawan and an attending, were able to participate in the Doc of the Day Program in Santa Fe this year. The LC Residency is finishing their first year of Fellows for the FMOB Fellowship and a new one will be starting in August. Chief elections were held. Two residents were elected, and one chief is at the clinic at the hospital and the other Chief is at La Clinica de Familia.

Student Reports:

UNM FMIG Report: Maxwell Randall, Co-President

Recently held their first meeting. Had a Family Medicine subspecialty panel. Students heard from several panelists who had completed additional training after residency in areas such as gender affirming care and family med-obstetrics. Had a great turn out of mostly first-year med students. Are in the process of planning a "Prep for PIE" workshop before first year students begin their rural community immersion block in the summer. Workshop will be a collaboration between multiple interest groups. Plan to have physicians helping students brush up on skills such as conducting physical exams, health coaching, and participation in procedures before students head out to respective communities.

Annual Family Medicine Advocacy Summit in May, Washington DC: Dr. Rick Madden

Dr. Madden has been appointed to the Fam Med Political Action Committee (FamMedPAC) Board. He will be speaking at the 2023 Family Medicine Advocacy Summit (FMAS) in Washington, DC. FMAS is a great educational opportunity at the state and national level.

NMAFP Fact Sheet provided for reference.

Current Active NMAFP Committees description provided for reference.



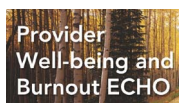
65th Annual NMAFP Family Medicine Seminar

This Conference has been reviewed and approved for up to 20.00 Live AAFP Prescribed credits

Conference Schedule: August 3-5, 2023

THURSDAY, AUGUST 3RD

- 7:00 a.m. Registration, Exhibits Open,
Breakfast - Exhibit Hall
- 7:50 a.m. Introduction & Welcome
Mac Bowen, MD, Scientific Program Chair
- 8:00 a.m. "Updates on Opioid Prescribing and the new 2022
CDC Guidelines"
Valerie Carrejo, MD, FAAFP, FASAM
- 9:00 a.m. "Health Effects of Trauma"
Molly McClain, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Why Weight? Exploring the Relationships Between
Health, Size, and Anti-Fat Bias"
Amity Calvin, MD
- 11:30 a.m. "Basic Workup for Hematologic Abnormalities"
Andrea Teague, MD
- 12:30 p.m. Lunch – Exhibit Hall
Sponsored by
Presbyterian Provider
Well-being and Burnout ECHO
- 1:30 p.m. "COPD and Pulmonary Hypertension"
Elyce Sheehan, MD
- 2:30 p.m. "Updates in Prenatal Care"
Francheska (Sevy) Gurule, MD
- 3:30 p.m. "Palliative Management of Heart Failure"
Jen Brull, MD, AAFP Board Member &
Honored Guest
- 4:30 p.m. At Leisure
- 6 - 8 p.m. Welcome Reception Dinner
Patio - MCM Elegante Lodge & Suites
Jen Brull, MD, AAFP Board Member &
Honored Guest
Announcement of the Candidates for Office
2023-2024
Sponsored by



FRIDAY, AUGUST 4TH

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Immunization Update"
Melissa Martinez, MD, FAAFP
- 9:00 a.m. "Working Together: Improving Early Diagnosis
and Management of Alzheimer's Disease in
Primary Care"
Dion Gallant, MD, FAAFP
- 10:00 a.m. Break – Exhibit Hall
NMAFP Members Vote for Upcoming Officers
- 10:30 a.m. "Getting Ahead of the Curve: Identifying and
Managing Obesity in Primary Care"
Jaime Almandoz, MD

- 11:30 a.m. "Healthy Tribes: Supporting Innovative, Culturally-
Responsive Public Health Approaches to
Improve Wellness in American Indian/Alaska
Native Communities"
Julianna Reece, MD, MPH, MBA
- 12:30 p.m. Lunch – Exhibit Hall
- 1:30 p.m. "Updates on HIV and PrEP"
Jeremy Snyder, MD
- 2:30 p.m. "Musculoskeletal Workshop: Shoulder, Knee &
Back"
Rachel Chamberlain, MD
- 4:00 p.m. At Leisure
- 6:00-10 p.m. Awards Dinner & Dance - Exhibit Hall
Jen Brull, MD, AAFP Board Member &
Honored Guest

SATURDAY, AUGUST 5TH

- 7:00 a.m. Registration
Breakfast - Exhibit Hall
- 8:00 a.m. "HBV is Primary! Your Role in the 'Call to Action'
to Eliminate Viral Hepatitis By 2030"
Paul Kwo, MD
- 9:00 a.m. "Deprescribing in Geriatrics"
Heather Brislen, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Can Team-Based Care and Novel Therapies
Improve Outcomes in Moderate-to-Severe Pediatric
Atopic Dermatitis?"
Robert Sidbury, MD
- 11:30 a.m. "Key Articles & Clinical Developments in
Family Medicine"
Dan Waldman, MD
- 12:30 p.m. Lunch – Exhibit Hall
- 1:30 p.m. "Basics of Primary Palliative Care"
Stephanie Benson, MD
- 2:30 p.m. "Introduction to a Behavioral Health Collaborative
Care Model"
Valerie Carrejo, MD FAAFP FASAM & Jasen
Christensen, DO
- 3:30 p.m. "Value-Based Care: What's all the Fuss"
Jen Brull, MD, AAFP BOD Member &
Honored Guest
- 4:30 p.m. End of Continuing Medical Education
Presentations

SUNDAY, AUGUST 6TH

- 8:30 a.m. Breakfast BOD Meeting
- 10:00 a.m. Scientific Advisory Committee Meeting



65th Annual NMAFP Family Medicine Seminar

Mac Bowen, MD, Scientific Program Chair

This Conference has been reviewed and approved for up to 20.00 Live AAFP Prescribed credits

REGISTRATION FORM

Online registration available at www.familydoctormn.org

Please Print Clearly

Name _____

Designation: ☐ MD ☐ DO ☐ PhD ☐ NP ☐ PA ☐ RN ☐ PharmD AAFP ID# _____

Address _____ C/S/Z _____

Phone _____ Email _____

☐ AAFP Member Practicing Physician \$600

☐ Non-Member Practicing Physician \$775

☐ PhD \$600

☐ NP/PA/RN/PharmD \$475

☐ Retired Physician \$390

☐ Family Medicine Resident (no charge)

☐ Medical Student (no charge)

☐ Yes, I want to sponsor a student attendee \$75

Your conference registration includes one free adult ticket for the Thursday Dinner and one free adult ticket for the Friday Dinner & Dance. Would you like to join either of these activities?

☐ Yes, I want to attend the Thursday Dinner. Please provide me with a free ticket.

☐ Yes, I want to attend the Friday Dinner & Dance. Please provide me with a free ticket.

Will you need to purchase any extra tickets for family members? If so, how many? (Please note children 5 and under are free.)

_____ Thursday Dinner - Adult \$45

_____ Thursday Dinner - Child (6-12) \$25

_____ Friday Dinner & Dance - Adult \$50

_____ Friday Dinner & Dance - Child (6-12) \$30

\$ _____ Total from all columns above

In an effort to decrease waste, the majority of handout materials will be provided digitally. You will receive an email the night before the conference with this information.

Want to save a stamp and pay with a credit card? Register online at www.familydoctormn.org

Or mail form and check to: NMAFP, Educational Fund, 2400 Louisiana Blvd. NE, Bldg. 2, Suite 101, Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113, familydoctor@newmexico.com

Hotel Information



The MCM Elegante Lodge and Resort, located in beautiful Ruidoso, New Mexico, is surrounded by towering pines, invigorated by mountain breezes and neighbored by the Links at Sierra Blanca Golf Course and Ruidoso Convention Center. Amenities offered by the MCM Elegante Lodge and Resort are: full hot complimentary breakfast daily, fitness center, Ruidoso's largest indoor heated pool and jacuzzi, a business center, full bar, and complimentary wireless internet throughout the hotel.

MCM Elegante Lodge and Resort has a variety of affordable rooms.

Deluxe Double Queen w/Mini-fridge & Microwave \$139

King Studio Suite w/Full Kitchen..... \$149

One Bedroom King Suite w/Full Kitchen \$159

We recommend you reserve early to get the type of room you want. A room block will be held until July 1st, so please make your reservations before this date. After this date, rooms will be on a space available basis. Please identify that you are with the New Mexico Academy of Family Physicians in order to receive the room block discount.



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“If I have seen further it is by standing on the shoulders of giants.”

Sir Isaac Newton

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AAFP State Legislative Conference, May 11, 2023, Kansas City, MO

By Alicia Gonzales, MD

What a surreal honor it was to receive an invitation to speak at the National State Legislative Conference in Kansas City this May 2023. To be asked, as a PGY3, to stand up in front of a room of so many distinguished and seasoned physicians was anxiety provoking to be sure. The path that led me to that podium started roughly a year ago, as a PGY2, when I expressed my interest in advocacy and legislation to my Program Director and



Dr. Alicia Gonzales speaking at SLC

current President of NMAFP, Dr. Bowen. Under his umbrella of encouragement and approval, I set out to navigate the system and accrue resources in a way that only someone raised by a lawyer could contrive. I developed a new title within our program, Chief/Lead in Advocacy and Legislation; and, with it, I secured meetings with heads of state and showed up at meetings that my inner voice of doubt told me I had no place being. My goals were twofold: 1) Establish the Santa Fe residency program as a niche for future residents with an interest in Advocacy and Legislation; and 2) Develop a Family Medicine focused curriculum that empowered residents to understand their role and ability to change the system.

I pulled in a variety of organizations throughout New Mexico to teach the current PGY2s in my program about this role. My Key Players were NMAFP, AAFP, New Mexico Medical Society, New Mexico Human Services Department, New Mexico Department of Health, Christus St. Vincent, Presbyterian Health Services, the New Mexico Chamber of Commerce, as well as local and federal state legislators.

Its pilot had its rocky moments to be sure, but overall, what a success! My newly established role in the residency as Lead in Advocacy and Legislation has a named successor- Dr. Silvia Santiago Morales (rising PGY3). My current PGY2 residents all fulfilled a variety of ACGME Family Medicine Milestones at a 'Level 5'. Many have continued to follow various bills and topics, and some discussions have begun to percolate on a legislative agenda for the upcoming sessions.

I leaned heavily on AAFP to supply speakers on various topics and provide me with contacts and various resources. Once they understood the breadth of my project, they became my biggest cheerleaders. To celebrate my efforts, they invited me to State Legislative Conference to speak on my experience with the many attending chapter presidents, program directors, and chapter executives.

The response was overwhelmingly positive, and I step back in wonder of the ripple it has set forth. The New Mexico Family Medicine community is gaining so much traction at both a local and national level. Our very own Dr. Rick Madden is a new national FamMedPac member and shortly after my own speech in Kansas City, Dr. Silvia Morales was invited to stand up in front of FMAS in Washington D.C. to reiterate our mission statement. We have seats at the table with the new Medicaid role out program that will redefine primary care reimbursement in NM this coming January. The New Mexico Medical Society, currently the most influential medical political group in New Mexico, has recognized NMAFP as an ally and confidant. It is a moment in which, with enough inertia, that ripple will turn into a wave as we band together to change an acrid system.

As I set forth into my post residency role as an attending, I am filled with excitement of what can be. It was an incredible honor to receive national recognition for my local efforts, but the real honor will come as I watch the residents in the years behind me rise up.

We go into Family Medicine because we are impassioned but for too long, we have let the system stifle our good. We defer, refer, and let insurance companies send us on goose chases to get what is needed for our patients. It is time to take pause and redefine our boundaries. We are the specialists that understand the "whole" in a way that no other physician or administration can. We are the ones that spend a night learning about Rheumatoid Arthritis to provide care for a patient who cannot get into rheumatology for 9 months. We are the ones who learn how to treat fentanyl addiction because no one else thinks it is their 'wheelhouse.' Well, the next patient on our schedule is the Medical System, and it is a chronic illness that no one else will touch. Yes, it will take some reading and yes, we might feel uncomfortable at first, but our patients are relying on us and quite frankly, this is what we've been training for.

In the words of the current AAFP President, Tochi Irokumalaze, "If you're not sitting at the table, then you're on the menu." Please reach out to me at alicia.gonzales.md@gmail.com or current NMAFP President, Dr. Mac Bowen, if you are ready to take a seat at the table.



Dr. Rick Madden, recently appointed to the Fam Med PAC Board, speaking at the 2023 Family Medicine Advocacy Summit (FMAS) in Washington, DC last month



2023 NM Legislature Wrap-up

By Steve Lucero, Lobbyist and Rick Madden, MD, Government Affairs Committee Chair

We had a productive legislative 60-day session, January through March. Below you will note there are many items our members asked us to advocate for that were passed. We testified at many hearings about these and other issues.

The Governor signed over 200 bills into law which includes the state's budget bill, HB2, of over \$9 billion to run state government. This budget includes Medicaid spending of \$1.4 billion, a \$250 million increase from FY2023. Although HB500 did not pass, the governor included \$15 million to offset rising medical malpractice insurance rates. The Office of the Superintendent of Insurance will set the rules and criteria to determine how those offsets will be administered.

Reproductive health care, gender affirming care, HB7 and SB13: Passage of this legislation was one of our priorities, based in part on strong support in our member survey.

Opioid Antagonist Warning Requirements SB181: Cleaned up older legislation to exempt health care providers.

Rural Health Care Delivery Fund SB7: Will provide funding to rural facilities to start or expand.

Create Healthcare Authority Department SB16: A large undertaking from the governor that will alter and disrupt the bureaucracy, details being worked on.

Health Care Cost Drivers Analysis SB290 and State-Administered Health Coverage HB400: Both will be helpful in informing any overall health care reform, one for access to care, the other for overall cost data. HB400 sets in motion a study for expanding Medicaid to 400% of the federal poverty level, up from 130%. Medical Malpractice SB253: A NM Medical Society priority (with which we collaborated) passed with great effort (over the vigorous objection of the chair of Senate Judiciary Committee), will allow liability coverage to be written for independent outpatient procedural clinics by limiting damages and other provisions.

Medicaid payment to primary care, maternity & child care, and behavioral health clinicians will be increased to 120% of Medicare, 100% for other specialties with passage of HB2, the budget bill. The budget bill directs the payment increases to be passed fully to clinicians.

Behavioral health payment (including Substance Use Disorder) equity with other healthcare services in SB 273 passed, which will bring state law in line with federal law. Doctor Senator Martin Hickey (D-Alb) initiated and shepherded this bill.

State and county correctional facilities will be required to provide Medication Assisted Treatment (such as Suboxone) by SB425.

HB306 establishes a new crime for unlawful purchase of a firearm for another person.

SB232 will require health insurers to credential a qualified applicant within 30 days of receipt of the application.

Health professional loan repayment remedies contained in HB209 include all specialty eligibility and longer loan repayment term (3 instead of 2 years). HB278, to add \$7.5M to the fund, was never heard in committee.

Under threat of an attack (from an out-of-state organization) on our current End of Life Options Act, SB471 removes the requirement that an objecting clinician must refer a patient to another clinician for this service.

Our committee will have a planning retreat in the next two to three months to create a path to a higher functional level.

A big thanks to our Doctor of the Day volunteers. We have been informed that the NM Department of Health Medical Reserve Corps provides liability protection for those who volunteer at our DOD program during the legislature. Here is the link for those who need that coverage for DOD service next January: <https://www.nmhealth.org/about/erd/bhem/mrc/>

Meeting of the New Mexico State Primary Care Council

By Jennifer Phillips, MD

The New Mexico State Primary Care Council met again on March 29, 2023, with the 9-member council and the 13-member advisory board. There were representatives from the state GME residency expansion and members of the public as well. Our hope is that the council will increase the investment in primary care and reduce overall healthcare costs while improving the health of New Mexico.

The focus has been our work around an alternate payment model and the transition to value-based care. The State Primary Care Council has involved consultants to design, test, and evaluate a new primary care alternative payment model for NM Medicaid programs in consultation with HSD, DOH, and stakeholders. The process is iterative and has the goal of meeting the different primary care practices in the state "where they are" as the model is developed and refined.

We continue to express our intention of increasing payment and investment in primary care in New Mexico to improve outcomes in health overall. We hope to use the newly developed all payors database to measure primary care spend for this purpose. We will also start focusing on sustainable primary care workforce in the next year. The council meets again in June 2023, and it will be in person for the very first time.



HUMAN
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Primary Care Council webpage:
<https://www.hsd.state.nm.us/primary-care-council/>





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18th Annual Med Student Reception

Friday, September 8, 2023 from 5:30-8:30pm

**Sandia Resort and Casino, Eagle Room
30 Rainbow Rd, Albuquerque, NM 87113**

NMAFP Members, make plans now to attend this year's Med Student Reception on Friday, September 8, 2023 at Sandia Resort & Casino. This event provides a venue for medical students at all stages of education to have access to the Family Physicians of New Mexico.

The buffet dinner and cash bar will begin at 5:30 pm. Students will remain in their original seats, and the doctors will rotate among the student tables. The docs' name badges will have a ribbon attached to inform the students whether they are Residency-based, ER/Hospitalists, Solo/Small Group, or Employed Physicians.

The critical component lies in having plenty of Family Docs present to informally discuss their work and lives as Family Physicians. Experience with recruiting has consistently shown there is nothing more powerful for a student doctor, contemplating his or her future in medicine, than to hear from and connect with an experienced physician. Please join us for a fun and interesting evening of developing our future Family Medicine Physicians of New Mexico.

RSVP to Sara: familydoctor@newmexico.com